

# Soul Collage and Continuum Daylong Event

*with Gael Rosewood and Catherine Henderson*



Continuum is a contemplative movement modality that listens to the silent language of sensations and impulses. Soul Collage is an exploration with images, to envision an archetype, the language of the soul. This is an intuitive, expressive art process in which you construct a card deck that becomes a visual story of your soul's journey. As you start to learn the language of the symbols and images on your cards, they become a doorway into your strengths, your beauty, your multiplicity and your inner wisdom.

Continuum's explorations of breath, sound and movement span between the very private inner realms to the thwarted gestures that have no place in our functional world.. Our invitation is a dance of Image and Imagination, the infusion of longings and reckonings, and the expression of our soul in motion. In the workshop you choose a powerful image for a 5x8" card and give it a voice, "I am the one who..." Then cut it out and give it a new background. Continuum provides some tools for then working with your card, letting the images speak via breath and sound and to move you from deep within, surprising you. When the soul feels full we are renewed and re-fueled.

**"The throbbing vein will take you further than any thinking. Feel the artistry moving through and be silent."  
~Rumi**

*SATURDAY MAY 6th 10-6pm*

*\$70+ \$5 materials fee*

*A beautiful studio on Vashon Island. Space is limited.*

*Registration Info:*

*Contact Catherine Henderson [osteocath17@gmail.com](mailto:osteocath17@gmail.com)*

*206-379-1868*

